

# Body Sense

Hair & Beauty

## WEEKDAY SPECIALS

*For You*

### Massage Monday

**R100 OFF** on  
all 60/90-min  
Massages

### Toes Tuesday

**15% OFF** on  
all Pedicures

### Wax Wednesday

**10% OFF**  
on all Wax  
Services

### Throwback Thursday

Tint Colour,  
8 Foils +  
a Blow Wave  
for only **R999**

### Facial Friday

ESSE Probiotic  
Facial with a  
**FREE** 30-min  
Massage

*Body Sense*  
Man

# Dedicate Everyday to Dad

## Metro Man

2 hrs. | R750 p.p.

\* Express Facial

\* 30-min Back, Neck, & Shoulder

\* Express Manicure or Pedicure

## Spoil Dad

with our ranges of *Agiva* & *Mankind*:

**Hair Gel, Hair Wax, Hair Growth  
Serum, Cologne, Beard Oil,  
Shaving Oil, Shaving Cream,  
Collagen, Beard Brushes, & more!**

*Gift Vouchers  
Available*



*Body Sense*  
Man



**Make  
Dad's  
Day**

## **Dads & Lads**

R750 per person

- \* 60-min Deep Tissue Massage
- \* Gents Manicure *or* Pedicure
- \* Optional Haircut  
(at Additional Cost)

## **Gents Grooming**

2 hrs. | R1200 p.p.

- \* Back & Chest Wax *or* 30-min Back, Neck,  
& Shoulder Massage
- \* Express Manicure *or* Pedicure
- \* Express Facial

*Gift Vouchers Available*

# Body Sense

Hair & Beauty

A woman with dark curly hair is lying on her back, eyes closed, receiving a massage. Her hands are clasped together near her face. A therapist's hands are visible, one near her head and another near her chest. The background is softly blurred with warm lights.

# Warm Up This Winter

## *Winter Weekday*

1.5 hrs. | R600 p.p.

- \* 60-min Full Body Massage
- \* 30-min Express Pedicure

## *Winter Wellness*

1.5 hrs. | R1200 p.p.

- \* 45-min Massage
- \* Express Hydrating Facial
- \* Paraffin Pedicure



*Body Sense*  
Hair & Beauty

FRIZZ  
FREE

*Winter*

**HAIR BOTOX**  
*from R700*

**BRAZILIAN TREATMENT**  
*from R900*

**MYCRO KERATIN**  
*from R1250*

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Shop G15 & G16  
(Next to Woolworths)  
Harbour Bay Mall

[www.bodysensegroup.co.za](http://www.bodysensegroup.co.za)  
[facebook.com/bodysensesimonstown](https://facebook.com/bodysensesimonstown)

Call **021 7861019** to book!

*Body Sense*  
Man

**LOOK  
YOUR  
BEST,  
FOR  
LESS.**

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## **Executive Pitstop**

*2 hrs. | R1 100 p.p.*

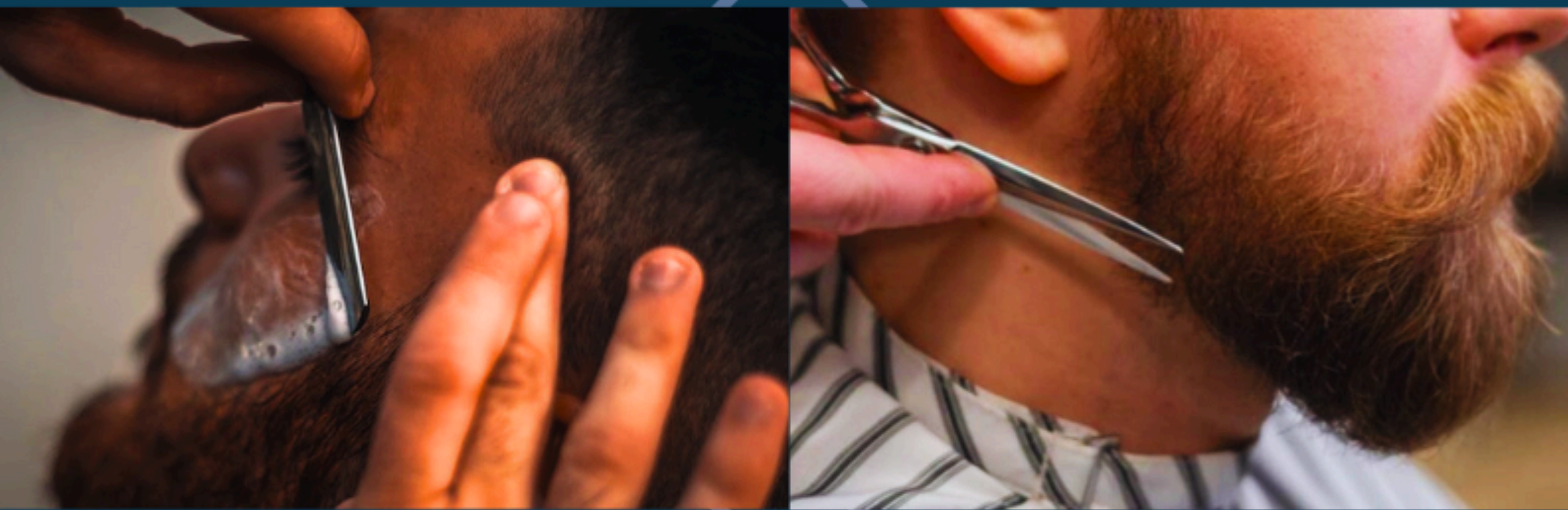
- \* 60-min Luxurious Facial
- \* 30-min Back, Neck, & Shoulder Massage
- \* 30-min Pressure Point Foot Massage





*Body Sense*  
Man

# GROOMING, YOUR WAY.



## Choose Your Chill

*2.5-3 hrs. | R790 p.p.*

Choose 3 services & make your own package:

- \* 30-min Back, Neck, & Shoulder Massage
- \* 30-min Foot Massage
- \* 30-min Indian Head Massage
- \* 30-min Back, Neck, & Shoulder Massage
- \* Express Manicure *or* Pedicure *or* Facial

*Body Sense*  
Man

# TIME FOR A TIMEOUT?

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## Metro Man

*2 hrs. | R750 p.p.*

- \* 30-min Express Facial
- \* 30-min Back, Neck, & Shoulder Massage
- \* Express Manicure *or* Pedicure

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GIFT VOUCHERS AVAILABLE

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Change  
of season,  
Change  
of colour.

Mani Monday  
**15% OFF** ALL Manicures\*

Toes Tuesday  
**15% OFF** ALL Pedicures\*

Happy Hands  
& Fancy Feet

Classic Manicure\*  
Classic Pedicure\*

R550 p.p.

\*excl. Gel/Acrylic

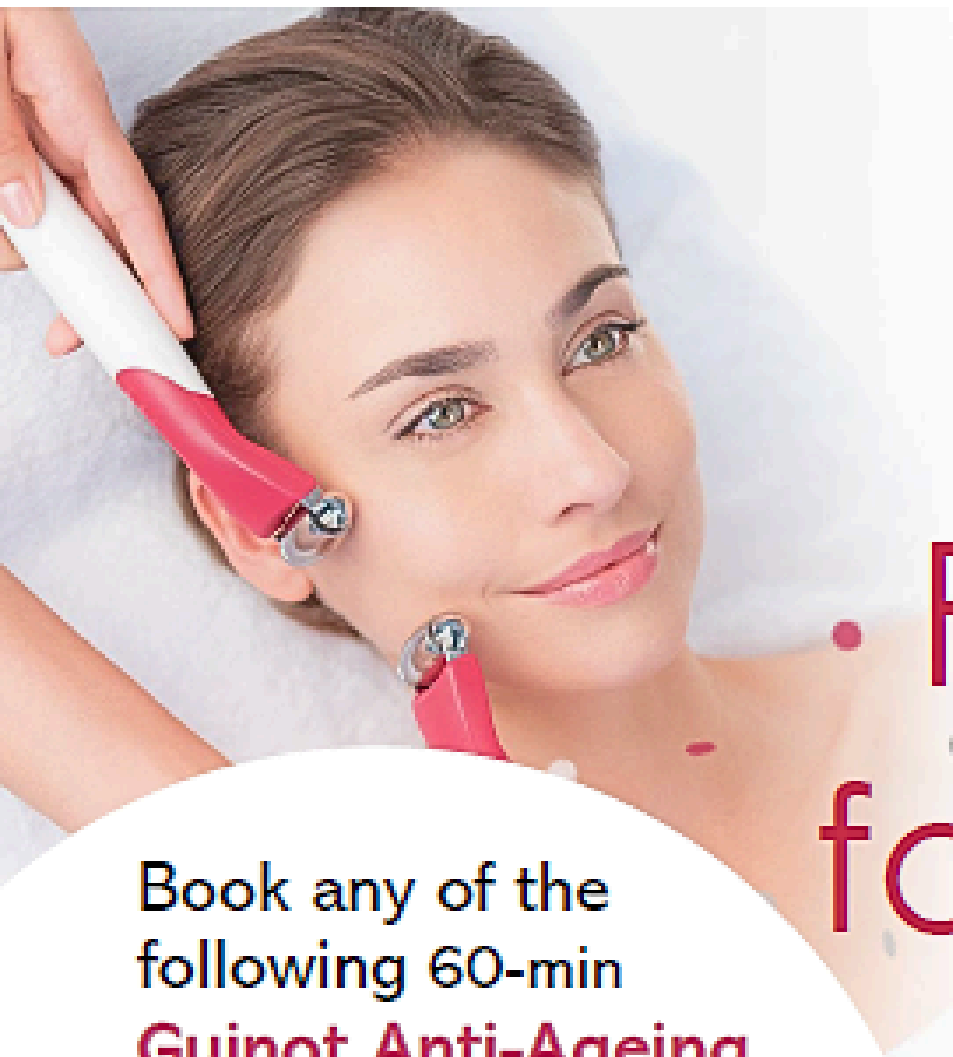
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## Find the Facial for You

Book any of the  
following 60-min  
**Guinot Anti-Ageing**  
Facials & enjoy a  
**FREE** 30-min Massage:

~*HydraPeeling PH*

~*Détoxygène*

~*Hydradermie*

~*Age Summum*

*Gift Vouchers Available*

**GUINOT**  
INSTITUT • PARIS